Luminescence Thermometry with Upconversion Materials

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Introduction

Many luminescent materials emissive properties change as a function of temperature, pressure, or the presence of a chemical species. Such properties have long been exploited in the development of luminescence-based sensors. Besides chemical sensing, luminescence thermometry is one of the most popular types of sensing. Unlike other methods, it does not require physical contact of a macroscopic probe with the region of interest. This is a huge advantage when access to the sample is difficult, and also in microscopy and biological samples. For example, luminescent nanoparticles can be functionalised to enter a biological target, and fluorescence microscopy can be used to accurately probe the temperature in different areas. This kind of nanometric thermometry has a lot of potential in the medical field, for example imaging cancer cells which have higher temperatures than the average.1

Luminescence thermometry can be based on changes in intensity, linewidth, photoluminescence lifetime, or spectral shifts. Very often lanthanide ions are used in temperature sensing applications, thanks to their stability and narrow spectral features that enable distinguishing changes easily.² In addition, lanthanide-doped materials display upconversion luminescence: they can be excited with near-infrared (NIR) light, and emit in the visible region of the spectrum. NIR excitation induces less self-absorption and scattering by biological tissue; therefore remote excitation is easier. Thanks to this property there is an increasing number of temperature bioimaging studies using upconversion nanoparticles (UCNPs), inorganic nanoparticles doped with lanthanide ions.³



Figure 1: Schematic of upconversion mechanism in $NaY_{0.77}Yb_{0.20}Er_{0.03}F_{4'}$ showing green and red luminescence transtitions. Grey arrows indicate nonradiative processes.



Figure 1 shows the upconversion mechanism for a common lanthanide-doped phosphor, $NaY_{0.77}Yb_{0.20}Er_{0.03}F_4$. At least two 980 nm photons are required to induce emission in the visible. Besides direct excitation of the Er^{3+} ion, there is energy transfer from excited Yb³⁺ to excited states of Er^{3+} . Emission is in the blue, green and red regions of the visible spectrum depending on the upper Er^{3+} level in the transition.

Upconversion thermometry often focuses on the two transitions emitting at 525 nm and 540 nm, i.e. ${}^{2}H_{11/2} \rightarrow {}^{4}I_{15/2}$ and ${}^{4}S_{3/2} \rightarrow {}^{4}I_{15/2}$. The ${}^{2}H_{11/2}$ and ${}^{4}S_{3/2}$ levels are closely spaced in energy so they are effectively in thermal equilibrium. Their population ratio can therefore be expressed by a Boltzmann distribution:

$$\frac{N_H}{N_S} = Cexp\left(\frac{-\Delta E}{kT}\right),$$

Where N_i is the population in level *i*, ΔE is the spacing between the levels, *k* is Boltzmann's constant and *C* is a constant depending on degeneracies.

Based on this, the ratio of 525 nm and 540 nm luminescence intensities, R_{HS} , can be used to infer the ratio of ${}^{2}H_{11/2}$ to ${}^{4}S_{3/2}$, which gives the temperature of the sample. Photoluminescence spectrometers such as the Edinburgh Instruments FLS1000 can be used to characterise accurately this ratio as a function of temperature. In addition to widely used cryostats, the FLS1000 can be coupled to temperaturecontrolled stages via fibres. Such stages enable studying the same sample in the FLS1000 and a microscope, without any intermediate sample mounting steps. This application note presents temperature-dependent upconversion luminescence results for NaY_{0.77}Yb_{0.20}Er_{0.03}F₄ obtained in an FLS1000 spectrometer coupled to a temperature stage.

Materials & Methods

A commercial upconversion phosphor, $NaY_{0.77}Yb_{0.20}Er_{0.03}F_4$ (Sigma Aldrich) was placed as supplied in a quartz tray inside a Linkam HFS350EV-PB4 stage. The stage was optically coupled to an FLS1000 Photoluminescence Spectrometer by means of a custom mount (N-Linkam) and a fibre coupling accessory for the sample chamber.

Steady state photoluminescence spectra were acquired using a Xe2 lamp for excitation at 980 nm, the excitation wavelength of Yb³⁺. The excitation power was low enough not to induce sample heating, which is often observed with laser excitation.⁴ The FLS1000 was equipped with double monochromators and a standard PMT-900 detector.

Time-resolved photoluminescence decays were measured in the same instrument using a pulsed Xe lamp (μ F2) as the excitation source. Multi-channel scaling (MCS) electronics were employed to acquire the decays, and the experimental

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data was fitted in the Edinburgh Instruments FAST software package.

Results & Discussion

Red and green upconversion intensities were characterised from -100°C to +80°C in intervals of 20°C, using the temperature mapping option provided in the Fluoracle software. The results are presented in Figures 2 (green upconversion) and 3 (red upconversion). Two Er³⁺ transitions contribute to the green upconversion emission observed in Figure 2: ${}^{4}S_{3/2} \rightarrow {}^{4}I_{15/2}$ and ${}^{2}H_{11/2} \rightarrow {}^{4}I_{15/2}$. The red emission band in Figure 2 corresponds to the ${}^{4}F_{9/2} \rightarrow {}^{4}I_{15/2}$ transition. The emission intensity of ${}^{4}S_{3/2} \rightarrow {}^{4}I_{15/2}$ and ${}^{4}F_{9/2} \rightarrow {}^{4}I_{15/2}$ decreases with temperature, but the ${}^{2}H_{11/2} \rightarrow {}^{4}I_{15/2}$ band shows a different behaviour: it increases monotonically up to 273 K, and then the growth slows down.



Figure 2: Temperature emission map of NaY_{0.77}Yb_{0.20}Er_{0.03}F₄ measured with Linkam stage in FLS1000, green upconversion emission. Conditions: $\lambda ex = 980$ nm, $\Delta \lambda ex = 10$ nm, $\Delta \lambda em = 0.20$ nm, step size = 0.10 nm, integration time = 1 s/step. The inset shows the 2H11/4I15/2 region in detail.



Figure 3: Temperature emission map of NaY_{0.77}Yb_{0.20}Er_{0.03}F₄ measured with Linkam stage in FLS1000, green upconversion emission. Conditions: $\lambda_{ex} = 980 \text{ nm}, \Delta \lambda_{ex} = 10 \text{ nm}, \Delta \lambda_{em} = 0.20 \text{ nm}, \text{ step size} = 0.10 \text{ nm}, \text{ integration time} = 1 \text{ s/step}.$



Figure 4: Temperature lifetime map of NaY_{0.77}Yb_{0.20}Er_{0.03}F₄ measured with Linkam stage in FLS1000, ${}^{2}H_{11/2} \rightarrow {}^{4}I_{15/2}$ emission. Conditions: $\lambda_{ex} = 980$ nm, $\Delta \lambda_{ex} = 15$ nm, $\lambda_{em} = 541$ nm, $\Delta \lambda_{em} = 10$ nm, repetition rate = 100 Hz, acquisition time = 5 minutes/decay. The red and blue curves show the decays at -100 °C and 40 °C, respectively.

As the temperature increases, nonradiative relaxation processes decrease the overall upconversion luminescence. The dynamics of this temperature quenching process can be studied with a temperature lifetime map such as the one in Figure 4: there is a marked decrease in photoluminescence lifetime, from 640 μ s to 530 μ s, as *T* increases.

Returning to Figures 2 and 3, relaxation from ${}^{4}S_{3/2}$, ${}^{2}H_{11/2}$ to ${}^{4}F_{9/2}$ produces a relative increase in red emission. This is illustrated by plotting the ratio of integrated intensities as a function of temperature R_{rg} , as shown in Figure 5 (a). The ratio of ${}^{2}H_{11/2} \rightarrow {}^{4}I_{15/2}$ to ${}^{4}S_{3/2} \rightarrow {}^{4}I_{15/2}$, R_{HS} , is a good indicator of temperature as outlined in the introduction. Figure 5 (b) plots R_{HS} against temperature, while Figure 5 (c) presents the same dataset in logarithmic form. Interestingly, R_{HS} does not follow a straight Boltzmann plot: additional relaxation mechanisms take place and induce the "slow growth" behaviour of ${}^{4}S_{3/2} \rightarrow {}^{4}I_{15/2}$ at high temperatures. This agrees with previous reports^{5,6} and evidences the complex dynamics of the upconversion process: nonradiative relaxation from ${}^{2}H_{11/2}$ to ${}^{4}S_{3/2}$ becomes more important at high temperatures, so that the population ratio is not equal to R_{HS} . It should also be noted that the R_{HS} vs T depends strongly on the size of the particles.^{4,6}

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Figure 5: Integrated intensity ratios of upconversion emission bands as a function of temperature: (a) red vs green ratio, (b) ${}^{2}H_{11/2} \rightarrow {}^{4}I_{15/2} vs {}^{4}S_{3/2} \rightarrow {}^{4}I_{15/2}$ ratio, (c) logarithmic (Boltzmann) plot of the dataset in (b). A linear fit to the first part of the Boltzmann plot is shown in (c).

To illustrate the concept of upconversion thermometry, the low temperature region of the curve is fitted to a straight Boltzmann plot in Figure 5 (c). From this plot the relative sensitivity of the luminescence thermometry system, S, may be obtained. This is a useful parameter to evaluate a luminescence thermometer system, and is calculated as follows:

$$S = 100\% \times \left(\frac{\Delta E}{kT^2}\right)$$

Taking the slope in Figure 5 as $-\Delta E/k$, the sensitivity at 20 °C is 1.0% K⁻¹. This result is in line with similar upconversion thermometry systems.³

Conclusion

The upconversion luminescence intensity and lifetime of NaY_{0.77}Yb_{0.20}Er_{0.03}F₄ has been characterised as a function of temperature using an FLS1000 Photoluminescence Spectrometer with a Linkam stage. The ratio of ²H_{11/2} \rightarrow ⁴I_{15/2} to ⁴S_{3/2} \rightarrow ⁴I_{15/2} can be used to probe the temperature in luminescence thermometry experiments with a sensitivity of 1.0% K⁻¹. The fibre coupling accessory for the Linkam temperature stage enables one to switch easily between microscope characterisation and luminescence measurements, without intermediate sample transfer steps.

References

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