

## The THz Spectral Region

The terahertz spectral region, which falls between the microwave and infrared ranges, is one of the most promising regions of the electromagnetic spectrum, but it is currently underutilised in research and industry. There is no universal definition for what constitutes the terahertz band, but the frequency range of 0.1 to 10 THz ( $\lambda = 3 \text{ mm}$  to  $30 \mu\text{m}$ ) is the most widely referenced. Due to its position within the electromagnetic spectrum, terahertz radiation has unique penetrating properties that make it highly attractive for spectroscopy and imaging applications across a wide variety of fields, including medical science, biology, security, astronomy, pharmaceutical, materials science, and physics. These applications range from the use of terahertz radiation to induce quantum oscillations in semiconductors for fundamental physics research, to the non-destructive biomedical imaging of tissue using terahertz holography.

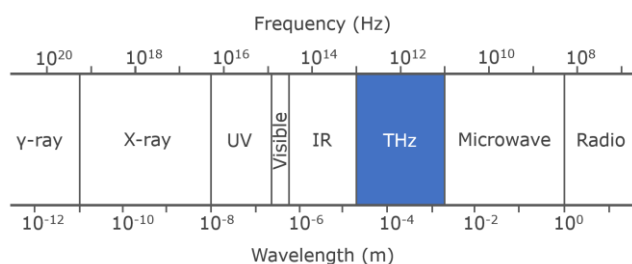


Figure 1 The THz band, 0.1–10 THz.

## Terahertz Sources

With the exception of astronomy, where the astronomical object itself is the terahertz source, terahertz spectroscopy and imaging applications require a source of terahertz radiation. Terahertz sources can be split into two main types: ultrashort pulse and continuous wave. Ultrashort-pulse terahertz sources are the foundation of terahertz time-domain spectroscopy (THz-TDS), in which materials are probed with ultrashort pulses of terahertz radiation generated via femtosecond lasers. The ultrashort pulse results in a broad bandwidth of terahertz frequencies that enables fast acquisition times in THz-TDS, but with low-frequency resolution that limits its usefulness in spectroscopic applications. For applications that require high-frequency resolution, or terahertz excitation at a single, well-defined frequency, continuous-wave terahertz sources are required.

There are a diverse range of continuous wave THz sources currently available commercially including difference-frequency generation, backward wave oscillators, microwave frequency multipliers, quantum cascade lasers and optically pumped molecular lasers. Backward-wave oscillators and frequency multipliers are extensions of microwave-type oscillator technology into the terahertz region. They can provide high power, but they become impractical at frequencies above 1 THz. Difference-frequency generation utilizes two IR lasers that are offset in frequency to produce terahertz radiation at the difference-frequency of the lasers, which results in a highly tunable terahertz source, but with low powers in the microwatt range. Quantum cascade lasers have long held promise as a terahertz source. They continue to advance but currently require deep cryogenic cooling for continuous-wave operation in the terahertz region, partly due to scattering at high temperatures. They are limited to powers in the low milliwatts and operation above 1 THz.

Each of these sources is ideal for many terahertz applications, but in general, they either suffer from low power or limited frequency range. For applications that require high power at discrete frequencies across the terahertz range, the optically pumped terahertz molecular laser is the ideal source.

## The Terahertz Molecular Laser

The optically pumped terahertz molecular laser was first demonstrated in 1970 by Tao-Yuan Chang and Thomas J. Bridges at Bell Labs<sup>1</sup>. It has since been optimised and refined for the delivery of high-power, coherent terahertz radiation over a wide range of frequencies and is a workhorse of terahertz research laboratories around the world. The laser is known by several names in the scientific community, with the most common one being the optically pumped far-infrared (OPFIR) laser. It is also known as an optically pumped terahertz laser (OPTL), a terahertz gas laser, and a terahertz molecular laser.

In the optically pumped terahertz molecular laser, a pump laser is used to optically excite a vapour of polar molecules to a higher-lying energy level from which they relax with the emission of terahertz radiation. The pump laser can take a variety of forms, with the most common arrangement being a CO<sub>2</sub> infrared laser, the output of which is coupled into the terahertz molecular laser. This coupling can be either external, such as on an optical table, where the pump laser and terahertz laser are separate entities, or internal, where the pump and terahertz lasers are contained within a single unit.

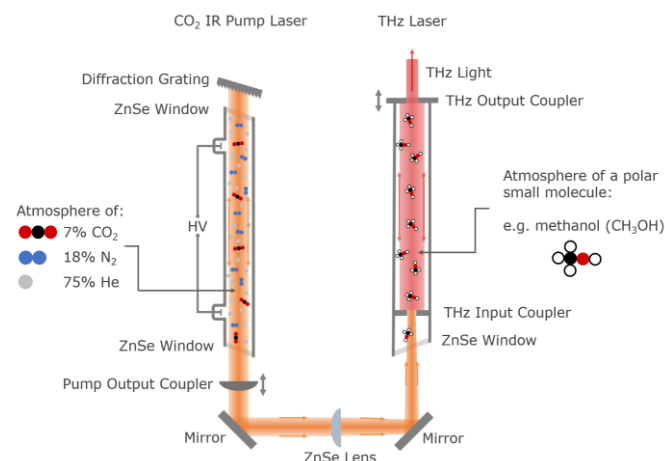


Figure 2 Schematic of an optically pumped terahertz molecular laser based on an Edinburgh Instruments FIRL-100.

The main components and the operating principle of the laser are shown in Figure 2. The schematic is based on an Edinburgh Instruments FIRL-100, where the CO<sub>2</sub> pump and terahertz molecular laser are integrated into a single system capable of outputting both infrared radiation (9 to 11 μm, or 27 to 33 THz) and terahertz radiation (40 μm to 1.22 mm, or 0.25 to 7 THz).

### Stage 1: CO<sub>2</sub> IR pump laser

The process starts with the CO<sub>2</sub> pump laser which consists of an optical resonator formed between a diffraction grating and a partially reflecting ZnSe output coupling mirror. The ZnSe mirror is mounted on a piezo-electric transducer to allow for fine control of the resonator length. The gain stage is a high-voltage gas discharge tube sealed with Brewster angled ZnSe windows that sits between the grating and mirror.

To achieve lasing, a CO<sub>2</sub>/N<sub>2</sub>/He gas mixture is flowed through the discharge tube and the N<sub>2</sub> molecules are promoted to a vibrationally excited state via collisions with electrons from the electric discharge. The N<sub>2</sub> excited state is close in energy to the 00<sup>0</sup>1 vibrational excited state of the CO<sub>2</sub> molecule, and population of the 00<sup>0</sup>1 state proceeds through **resonant energy transfer**. A population inversion now exists between the 00<sup>0</sup>1 and the lower-lying 02<sup>0</sup>0 and 10<sup>0</sup>0 vibrational states of CO<sub>2</sub>, facilitating stimulated emission and lasing to occur between them (Figure 3).

The vibrational transitions are grouped into two bands, the 10 μm and 9 μm, and within each band are a manifold of possible vibro-rotational lasing transitions with various emission wavelengths. By changing the angle of the diffraction grating

(making a coarse adjustment) and the length of the optical resonator through the piezo mirror (fine-tuning), the desired transition can be brought into resonance — with ~80 laser transitions selectable between 9 and 11 μm (27 to 33 THz).

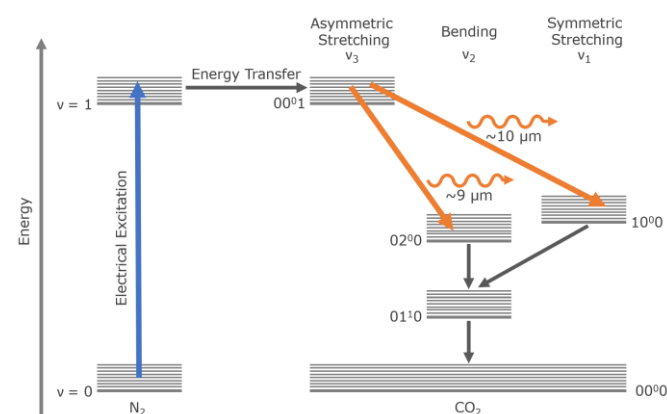


Figure 3 Simplified energy level diagram of the CO<sub>2</sub> lasing mechanism.

### Stage 2: Terahertz Molecular Laser

To generate terahertz radiation, the output from the pump laser is focused down and coupled into a sealed terahertz resonator. This setup comprises a ZnSe input Brewster window that forms a vacuum seal at one end of the resonator, an input coupling mirror, and a dichroic output coupler that enables extraction of the terahertz emission while reflecting the IR pump beam. The resonator is evacuated and filled with a low-pressure vapour of a small molecule possessing a permanent dipole moment — meaning that two or more atoms within the molecule have very different electronegativities. Optical pumping by the CO<sub>2</sub> pump laser excites the molecules to a vibrational excited state (Figure 4), creating a population inversion between the rotational states, *J*, within the vibrational excited state, which can undergo stimulated emission and lasing. The transitions between the rotational states are much lower in energy than the vibrational transitions involved in the CO<sub>2</sub> laser, falling within the 0.2 to 8 THz range. The output frequency of the pump laser is tuned to excite the desired vibro-rotational transition of the molecule, and the terahertz resonator length is tuned to select the rotational transition that is in resonance and therefore the output frequency of the laser.

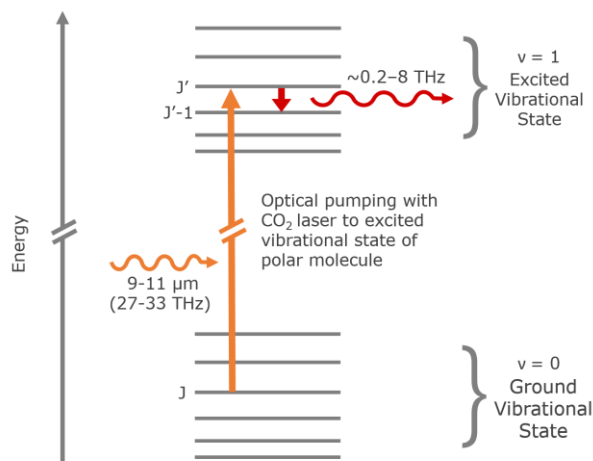


Figure 4 Simplified energy level diagram of the terahertz molecular laser.

### Choice of molecule

A wide range of laser-active molecules can be used to generate the terahertz emission. In general, the molecules should possess a permanent dipole moment, be able to form a vapour, and have vibrational transitions that can absorb the pump laser frequencies. These requirements are satisfied with lightweight polyatomic molecules such as  $\text{CH}_3\text{F}$ ,  $\text{CH}_2\text{F}_2$ , and  $\text{CH}_3\text{OH}$  and over 1000 laser lines have been identified across the 0.2 to 8 THz frequency range, a handful of which are shown in Figure 5. The 2.52 THz transition from  $\text{CH}_3\text{OH}$  (methanol) vapour is particularly common within terahertz spectroscopy and imaging research, with output powers >100 mW readily achievable using this transition.

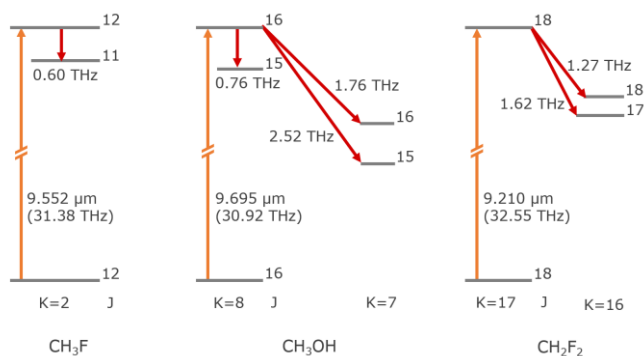


Figure 5 Laser transitions of three molecules used in THz lasers. K and J are quantum numbers defining the rotational state of the molecule. Adapted from Ref 2. Pump frequencies from Ref 3.

### Terahertz Imaging

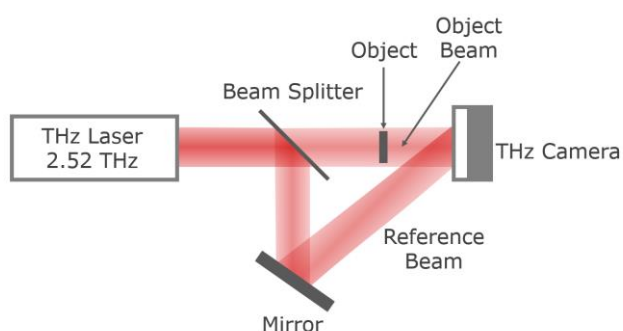
The terahertz molecular laser excels at applications that take advantage of its high power, stability, well-defined frequency, and long coherence lengths. One such application area that is of great interest for both academic research and industrial testing is continuous-wave terahertz imaging. Because terahertz radiation lies at the boundary of the microwave and infrared regions of the electromagnetic spectrum, it shares characteristics with both that make it attractive for imaging. Similarly to infrared radiation, terahertz radiation can initiate energy transitions within materials and be used to spectroscopically identify various materials and chemicals through their unique spectral fingerprint. And like microwaves, terahertz radiation can penetrate many nonconducting materials — such as plastic, clothing, masonry, and semiconductors — enabling non-destructive imaging through these materials, but with a superior spatial resolution due to its shorter wavelength.

These penetrating properties make terahertz imaging attractive for materials analysis, industrial non-destructive testing, and security screening. Terahertz will pass through fabric and plastics but be strongly absorbed by metals, creating contrast in the image. It is equally appealing for biomedical applications because it can penetrate farther into tissue than visible and infrared. It is also nonionizing, possessing an energy ~1 million times lower than typical imaging x-rays. Therefore, it poses little risk to health and is unlikely to cause photodamage in biological samples during imaging.

At present, the most established terahertz imaging methodology is an extension of the THz-TDS technique, in which the sample is raster scanned through the pulsed excitation spot to build up a two-dimensional image pixel by pixel. This approach provides a wealth of information but suffers from long acquisition times due to the step-wise method of image creation. A wide variety of alternative imaging techniques are therefore being actively researched to utilise continuous-wave terahertz sources, one of which is continuous-wave terahertz digital holography.

In continuous-wave terahertz holography, the interference pattern between a terahertz wavefront scattered by an object (the object beam) and a coherent wavefront that has not interacted with the object (the reference beam) is recorded using an array detector (Figure 6).<sup>4</sup> The amplitude and phase

information are encoded in the hologram, enabling amplitude and phase-shift images of the object to be numerically reconstructed, which reveals information on the internal structure. Since the image formation process relies on coherence between the object and reference beams, a source with a long coherence length, such as an optically pumped molecular laser, is required.



**Figure 6** Off-axis digital holographic imaging setup using the 2.52 THz line from methanol. Adapted from Ref 4.

A video-rate terahertz holographic imaging system that used an Edinburgh Instruments FIR-295 terahertz molecular laser as the source was recently demonstrated in a laboratory setting.<sup>5</sup> Using the system, the researchers were able to image a metallic object concealed within a paper envelope and a polyethylene bag, highlighting the potential of terahertz holography for real-time remote sensing in industrial quality control and security screening. The utility of digital holography for various biomedical imaging applications is also under intense research.<sup>6,7</sup> The technique is capable of distinguishing between cancerous and healthy tissue, and it could be used by surgeons to identify tumour boundaries prior to surgical resectioning of cancerous tissue.<sup>6,7</sup>

## Conclusion

Terahertz spectroscopy and imaging technology have advanced significantly over the past decade. The optically pumped molecular terahertz laser has helped drive this progress and Edinburgh Instruments terahertz lasers are the workhorses of terahertz research laboratories throughout the world. Continued improvements in the performance and availability of terahertz sources, detectors, and signal processing will open up increasing fundamental and industrial applications to the power of this unique region of the electromagnetic spectrum.

## References

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